

DEVELOPMENT OVERVIEW



Novice Guidelines



- Cross Ice
- Half Ice (practices and games)
- Ice Dividers
- Smaller Nets
- Blue pucks
- Hockey Canada Network App
- Practice plan/equipment
- Focus on instruction and skill development



Novice Seasonal Structure



Phase 1 1/3 of Season

- Month 1 - no games
- 3 Practices / 1 Game
- Maximum 1 Jamboree per team

Phase 2 1/3 of Season

- Change in practice to game ratio
- 2 Practices / 1 Game
- Maximum 1 Jamboree per team

Phase 3 1/3 of Season

- Ratio of practices to games same as phase 1
- 3 practices / 1 Game
- Maximum 1 Jamboree per team

Reminder that Novice Hockey is all about skill development and acquisition verses competition.

Questions and Answers

It's About More

“Scaling down is important and the research shows that when children are more actively engaged, they touch the puck more often, have the puck on their stick longer, and are interacting with one another to a greater extent.”

– Dr. Stephen Norris,
Consultant to Hockey Canada

