



Job Title: Trainer/Equipment Manager

Organization: Hockey NL High Performance Program

Reports To: Director of Operations

Duties of an Equipment Manager/Trainer are as follows:

- Upkeep of player's equipment and repair to provide each player with safety and allow those players to perform at their highest level.
- Assist players with preparation of newly purchased equipment.
- Skate maintenance, which can include repair and sharpening.
- Setting up the dressing room, maintaining cleanliness and sanitation. This includes moving, hanging gear, ensuring proper drying techniques, sweeping and mopping floors, and upkeep on garbage's when necessary.
- Restocking your tape and supply setup at the end of each game;
- Laundry, if applicable;
- Bench setup including, water bottles, towels, bench tape, wax and pucks;
- Comply all gear with HNL and Hockey Canada rules and regulations.

Additional Trainer Duties are as follows:

- Emergency response on ice and off ice;
- Assessment and treatment of player injuries before, during and after games, and/or practices with documentation;
- Reporting all injuries to coaching staff in a timely and professional manor;
- Pre-event taping and preparation;
- Providing nutritional / hydration advice to players for pre-game, in game and post -game meals and snacks as well as monitoring;
- Setting up the nutrition tables, as well as picking up groceries & supplies;
- Directing and dictating pre game warm-up and post-game cool-down;
- Restocking medical supplies (supplies provided by Hockey NL).
- Must be able to work long hours
- Must be available to assist in summer camp set-up for your team

If working a tournament such as the Atlantic Challenge Cup where there are more than one Newfoundland and Labrador team present, you are expected to assist and work as a team with all Trainers involved, while overseeing the team you are attending with.

HNL expects a high standard of professionalism no matter where you are, please dress and act appropriately and we look forward to meeting and mentoring new committed trainers in our branch.