



Female Hockey Rules & Regulations 2024-2025

(These rules specifically refer to players registered in the female hockey program)

THESE GUIDELINES ARE IN ADDITION TO THE MINOR HOCKEY PROVINCIAL TOURNAMENT PROCEDURES AS OUTLINED IN THE MINOR DIRECTORY

1.0 Female Entry Age Rules

Please [CLICK HERE](#) to view, see page 2.

2.0 Female Hockey Team Registration

- 2.1 Players have to be registered in a Female Hockey program to register or compete on any female team.
- 2.2 All teams must have a female on the bench, either as a coach, assistant coach, trainer or manager. This person must have all necessary Hockey Canada and Hockey NL certifications.
- 2.3 All interdivisional play (female teams vs minor teams or female teams playing another female team in a higher division) must be approved by the Area Director using the **Tournament Sanction Form and signed by the MHA President**. If playing a minor team the minor director must approve as well. Each request will be reviewed on a case-by case basis and number of games approved may be limited in a season.

3.0 Guidelines for Player Pick-ups:

- 3.1 Where associations do not have sufficient numbers to register a team, a "Request to Pick Up A Player" form must be forwarded to the respective Female Area member. This form must be signed by the President of the two associations involved. The Area member's response will be forwarded to both the Female Chair and the Hockey NL Office. Verbal requests will not be entertained. Requests to pick up female players must be submitted on the Female pick up forms and follow the guidelines outlined of player pick up eligibility. Pickup forms are required for **ALL** exchange of players between divisions and/or associations.
- 3.2 If there are not sufficient numbers in the home association, the association will have the opportunity to pick up players from their closest neighboring association.

- 3.3 Eight year olds are not eligible to play in Provincials.
Exception: Four eight year olds can be picked up for a Provincial Female U11 team provided they do not displace another age appropriate player in that division in the Province. (Passed June 2015)

4.0 Provincial Tournament Rules:

- 4.1 Girls who do not register and play on female teams will only be permitted to play in the Female Provincials after all female divisional players are accommodated on teams. Then only to a roster of 12.
- 4.2 Female teams are to be registered by December 1st to ensure proper grading. After January 10 – no female teams will be accepted. All teams are to play games prior to January grading report or will be removed from the grading report and provincial play.
- 4.3 Players must have attended 50% of their games and practices to be eligible for provincials.
- 4.4 Players who refuse to try out and/or attend the Provincial Tournament with their home association will not be permitted to be picked up by another team.
- 4.5 Goalies may be permitted to play in a higher division in Provincials if they continue to honor their commitment to their own division and only when an age appropriate goalie cannot be found. This would require the approval of the Female Area Director. This applies to age appropriate goalies only.
- 4.6 A goalie or player cannot play for two teams in the same Provincial Tournament.
- 4.7 To be placed on the grading, teams must have 11 players, one of whom is a goalie.
- 4.8 Request for changes (this includes additions or deletions) on the grading must be made by the Female Rep of the Association and signed by their President. Female Forms are on the Hockey NL web site under Female.

For a copy of the Female AAA League Rules and Regulations, please visit their website by [CLICKING HERE](#)