

## 2025 National Coaching Certification Program

High Performance 1 Clinic | Halifax, NS (Saint Mary's University)

#### HP1 Schedule of Events

May 21<sup>st</sup> – Virtual orientation & group session (7:00-8:30pm)

May 23-25<sup>th</sup> – HP1 National Virtual Weekend (Schedule to be released at a later date)

#### May or June (TBD) – Virtual multi-sport modules

June 20<sup>th</sup> - 22<sup>nd</sup> – In-person seminar at Saint Mary's University, Halifax, NS (Friday evening, full day Saturday, full day Sunday)

The 2025 seminar will be delivered in three parts consisting of an on-line virtual portion, a recorded module portion, and an in-class portion. Participants are required to take part in all parts of the HP1 Program. Within one year, the HP1 Written assignment must be completed and passed.

#### HP1 Background and Eligibility Criteria

The NCCP High Performance 1 Seminar is held every two to three years in Atlantic Canada and is targeted at those coaches who have significant coaching experience and want to pursue higher levels of coaching competitive athletes.

Those coaches applying for NCCP High Performance 1 Certification through this clinic must meet the following criteria:

- Must be currently coaching at the U13AAA competitive level or higher.
- Coaches must have a minimum of three years of coaching experience at the U13/U15 level or higher.
- Special situations will warrant consideration.

To complete the field evaluation following the seminar, coaches must be coaching at the U13AAA level or higher in the upcoming season.

# As part of the selection process a maximum of 40 candidates will be accepted. Beyond experience and current coaching situation, the selection process will also consider:

- Previous NCCP coach education and/or certification
- A history of ethical coaching and the development of athletes
- Work within the Hockey Canada structure in other leadership roles instructor, mentor, facilitator, etc.

#### Potential NCCP High Performance 1 Clinic Topics

- Making Ethical Decisions
- Make Hockey Safe
- Managing Conflict
- Drug Free Sport
- Diversity and Inclusion
- Mental Performance
- Pillars of Performance
- Team Building
- Advanced Skill Analysis
- Leadership
- Game and Bench Management
- Planning, Teaching, Evaluating
- Offensive Play
- Defensive Play
- Goaltending
- Performance Planning
- Power Play
- Penalty Kill
- Video Analysis

#### **Registration Link**

https://page.spordle.com/hns/clinics/1efefaeb-4b25-6b30-a63c-06215c2d8f0d

#### **Program Costs**

NCCP High Performance Delegate - \$1250 (includes tax)

Registration includes:

- Seminar Material, HP1 Resources
- Practical Evaluations
- Post Task Grading and Marking
- Lunch and Snacks provided (In Person Part 2)
- Apparel

Travel and accommodations are the responsibility of the delegate. HNS has a preferred rate at Saint Mary's University dorm rooms.

#### Accommodation Contact

Phone: 902-420-5055 | Email: <u>stay@smu.ca</u> Single with shared washroom (sleeps 1) \$75 per night Double with shared washroom (sleeps 2) \$140 per night\* \*Rates include taxes, parking, wifi, and gym access.

### Hockey Nova Scotia Contact

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