



We Are Coaches: National High Performance 1

| H O C K E Y C A N A D A



BACKGROUND

- The **We Are Coaches (WAC)** program has been in existence since 2015 with the mandate to get more women into coaching positions by removing barriers to participation. This includes, women-led instruction, a women-only environment, access to a network of women coaches and mentors for support; and because of full financial support from the Hockey Canada Foundation, there is no cost to women who participate in a WAC clinic – therefore removing the barrier of cost.
- Over the past three years, the program has provided over 1,000 women and girls with free coach education, training, and certification in the levels of Coach 1, Coach 2 and Development 1.
- The We Are Coaches program has expanded to include additional coach education opportunities such as Instructional Stream modules, Mentorship initiatives, Facilitator & Evaluator training and the first ever WAC High Performance 1.

WHY?

The objectives of the We Are Coaches National High Performance 1 seminar are:

- 1) Increase the number of women who hold High Performance 1 training and potential certification, who can therefore coach at the highest levels.
- 2) To remove barriers to participation by offering coach education at low to no cost to the participants.
- 3) To host an in-person National seminar to facilitate a professional setting for women coaches to network with their peers.
- 4) Supplementing an already existing program
- 5) Listening to the Members & supporting and delivering

WHAT?

- The **National Virtual Delivery** will take place prior to the in-person seminar and consists of six (6) modules and a keynote speaker that focus on the psychosocial skills of coaching (ie. Mental preparation, leadership, etc.)
- The schedule of events proposed for the **In-person Seminar** include:
 - Keynote speaker;
 - Six (6) mandatory modules aimed at technical and tactical elements (ie. Power play, penalty kill, etc.);
 - Two (2) additional professional development sessions that go above and beyond the required coursework for this seminar (ie. Micro-presentations, workshops, and Q&A session).
- Additionally, there will be ample time for coaches to **network and connect** with one another as it is evident that a professional support network of women coaches is valuable.

WHEN & WHERE

- **National Virtual Delivery: May 23-25, 2025**
 - All Members running HP1 Seminars participate in this delivery
 - Mandatory attendance for WAC HP1 coach delegates
- **National HP1 in-person Seminar: June 26-29, 2025**
 - Hockey Canada Head Office: Calgary, AB

WHO?

A maximum of **22 coach delegates**:

- 16 coach delegates; **nominated by their respective Member** (see table for allocation breakdown)
- Up to an additional 6 delegates from **Member requests**
 - Request for additional delegates will be at the cost of the Member (see nomination criteria for more information)

Member	# of women coaches registered in 23-24	Percentage (%) based on 23-24 registration	Nominee allocation
BC Hockey	464	7.7%	1
Hockey Alberta	1,303	21.5%	2
Hockey Manitoba	496	8.2%	1
Hockey New Brunswick	199	3.3%	1
Hockey Newfoundland & Labrador	130	2.1%	1
Hockey North	14	0.2%	1
Hockey Nova Scotia	290	4.8%	1
Hockey PEI	83	1.4%	1
Hockey Quebec	755	12.5%	1
Hockey Sask	479	7.9%	1
OHF	514	8.5%	1
OWHA	1,109	18.3%	2
HEO	151	2.5%	1
HNO	63	1.0%	1
TOTAL	6,057	100%	16

HOW?

CRITICAL PATH

DATE	ITEM
Jan 14, 2025	Distribution of MED Info Item & Nomination Criteria to TD's / Senior Development Staff Members, and W&G Leads
March 31, 2025	Deadline for all Applications, including additional requests, submitted to Hockey Canada
April 4, 2025	Notification sent to all Members on successful delegates
April 11, 2025	Email notification to successful delegates
May 6, 2025	National Group Leader Meeting
May 23-25, 2025	HP1 National Virtual Delivery
June 2, 2025	Deadline for delegate travel confirmation sent to Hockey Canada
June 26-29, 2025	We Are Coaches: National HP1 Seminar – Calgary, AB